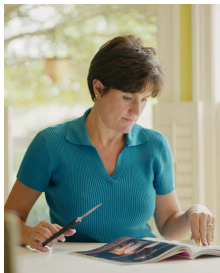
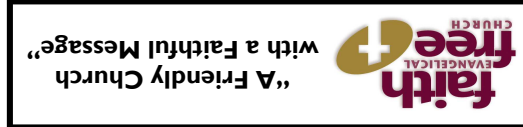


Non-Profit  
U.S. Postage  
PAID  
Dallas, Oregon  
Permit No. 2



2290 E. Ellendale Ave.  
Dallas, OR 97338



## Frugal Living Coupon Class

Tuesday 01.26.2010  
6-7pm

Learn how to make coupons work for you and save you money!

**Registration Required**

To register go to [www.faithfreechurch.org](http://www.faithfreechurch.org) and click on the advertisement, or contact the church office at 503.623.8034.

Please bring 5 cans of food for your admission which will be donated to the local food bank.

### ANNUAL BUSINESS MEETING & FRIENDSHIP POTLUCK

Sunday, January 24  
After the 11am service

Plan to stay for our Friendship Potluck. Bring a main dish and side dish or dessert to share. The Business meeting will begin at approximately 1:15pm and includes annual reports from our elders and pastoral staff. We will also vote on the 2010 Budget.



# SPREADING THE WORD...

"A Friendly Church with  
a Faithful Message"

January 2010

## New Year—New Goals—New Beginnings

If your 2010 goals include such things as getting closer to God, applying the Word to your day-to-day life and taking better care of your health and body, then First Place 4 Health (FP4H) could help you stay on track and be successful. All with the support of other group members sharing similar goals.

Since October 2008, Faith Evangelical Free Church has hosted the faith-based First Place 4 Health program. Its members have shed hundreds of pounds, but more than that, they have moved toward achieving mental, physical, spiritual and emotional balance. The program includes 12-week Bible studies, wellness information and support.

"One of our members has lost nearly 100 pounds. Numerous others, both men and women, have experienced benefits that keep them coming back session after session," says Eileen DiCicco, a program co-leader.

Two 30-minute orientation meetings will be held in January to introduce the program to those of you who would like to know more. They are: 6:15 p.m. Thursday, Jan. 14, in the Fellowship Center, Building 1; and 4 p.m. Sunday, Jan. 17, in the Hospitality House.

Program participants will be on hand to answer your questions and talk about the program. Come by and hear from program participants.

Session meeting times will be determined by participant consensus. At this time, we are hoping to offer a weekday daytime class led by Dar Perkins and an evening class led by Eileen DiCicco.

FP4H also sponsors a free Strength & Flexibility class from 7 to 8 p.m. Tuesdays and Thursdays in the Fellowship Center, Building 1. Everyone is welcome to participate in this health and fellowship opportunity; membership in FP4H is not required.

For information, contact Eileen at 503-623-2924 or Dar at 503-623-6395.

### New Music Opportunity

Do you love to sing? In the shower... in the car... around the house? We are expanding our vocal ministry with "One Voice" praise choir at Faith Free for people just like you. If you are interested here's what you need to know...

- ♪ We will sing about once a month in the worship services along with the praise team and for special events
- ♪ Rehearsals will be on Thursday nights at 7pm
- ♪ An information meeting will be held in the near future. Stay tuned...

"... the singers were to make themselves heard with **one voice** to praise and to glorify the Lord, and when they **lifted up their voice** accompanied by **trumpets** and **cymbals** and **instruments of music**, and when they praised the Lord saying, 'He is indeed good for his lovingkindness is everlasting;...the glory of the Lord filled the house of God.'" 2 Chron. 5:13-14

### Inside this issue:

Financial Class	2
Missionary Link	2
Ladies Bible Study	2
Prayer Retreat	2
Birthdays & Anniversaries	3
Christian Community Classes	3
Calendar	3
Frugal Living	4
Annual Business Meeting	4

Deadline for submitting Newsletter Articles  
is the 20th of each month

### Plan ahead for these church-wide events in 2010

Annual Bsn Mtg.....	Jan 24
Prayer Retreat.....	March 5-6
Palm Sunday Baptism.....	March 28
Easter Sunday.....	April 4

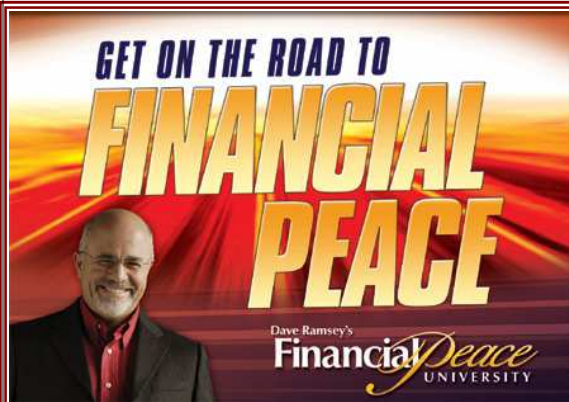
Phone: 503-623-8034

Fax line: 503-623-2052

Phone Prayer Requests: 503-623-4376

E-mail: [fefc@faithfreechurch.org](mailto:fefc@faithfreechurch.org)

Web: [www.faithfreechurch.org](http://www.faithfreechurch.org)



Starting Sunday, January 17<sup>th</sup>, we will be offering Dave Ramsey's Financial Peace University (FPU). The goal of FPU is not just information—

we're looking for transformation! Financial management is only 20% knowledge and 80% behavior. In the course we help break the bad habits that rob people of true financial success.

This is a 13 week video assisted class taught by Dave Ramsey. There will be smaller discussion groups that help in making personal application. The titles of the lessons are: *Super Saving, Relating With Money, Cash Flow Planning, Dumping Debt, Credit Sharks in Suits, Buyer Beware, Clause and Effect, That's Not Good Enough, Of Mice and Mutual Funds, From Fruition to Tuition, Working in Your Strengths, Real Estate and Mortgages and The Great Misunderstanding.*

The cost for the course is \$100 which covers workbook, audio CD library, budgeting forms, 2 FPU Bonus CD-ROMs, Dave's best selling book, FPU Envelope System, Tip Cards and Debit Card Holders.

There will be a preview session right after the 11am worship service on Jan. 10<sup>th</sup> to gain more information. You can sign up for the class in the lobby after the worship services starting December 27<sup>th</sup>, or after the preview session. Elder of Stewardship, Mikeal Davis, will facilitate the class, assisted by Grant Stewart and Mark Hays.

### Anointed, Transformed, Redeemed: A Study of David

By Priscilla Shirer, Beth Moore and Kay Arthur



The study focuses on the life of David at the different stages of his life; as a young man, as a middle-aged man, and as a man facing the final third of his life.

Books cost \$20, sign up by Jan 10<sup>th</sup> and receive a \$5 discount. You can sign up through the church website at [www.faithfreechurch.org](http://www.faithfreechurch.org). Go to Adult Ministries then click on Women's Ministry. Or sign up by calling Lisa at 503.623.9999.

Classes are held Wednesdays from 9-11am or 7-9pm and will begin on January 20<sup>th</sup>. Childcare is provided for the morning session only.

## A Warrior's Call To the Father

March 5 & 6, 2010  
The Oregon Garden in Silverton

Your Prayer Retreat Committee took the survey results and prior years post-retreat comments and suggestions seriously! We have changed the location this year and we look forward to the Lord meeting us in March at the Oregon Gardens.

Plan now for a time to take a little break from everyday life and join your church family to learn, grow and pray together. Watch for more details and a booth in the church lobby. Join us as we pray that each and every person God calls to attend will be listening! And that they will begin even this month to start planning for a special time in March!



**Christian Community Classes**  
101-Mon & Tues, Jan 4 & 5 from 6-8pm  
201- Sun, Jan 17, 3-7pm  
301- Sun, Feb 21, 3-7pm

Look for registration forms in the Sunday bulletin or call the church office at 503-623-8034.

JANUARY 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 <b>AI - Vacation</b> Don - vacation Ted - vacation 8:00 AM & 11am Worship 9:30 AM SS & ABF Classes 5:00 PM First Place 4 Health (HH) 5:00 PM Leonard's Bible Study (GG) 7:00 PM Jr High Youth Grp (bldg1) 7:00 PM Sr High (Bldg 1D)	28 <b>AI - Vacation</b> Don - vacation 7:00 PM Men's Study (Conf)	29 <b>AI - Vacation</b> Don - vacation Ted - vacation 7:00 PM Stretch & Flexibility Class-Candelled	30 <b>AI - Vacation</b> Don - vacation Ted - vacation 7:00 PM Jr High Movie Night (bldg 3)	31 <b>AI - Vacation</b> Don - vacation Ted - vacation 7:00 PM Stretch & Flexibility Class	1 <b>AI - Vacation</b> New Year's Day OFFICE CLOSED	2 <b>AI - Vacation</b>
3 <b>AI - Vacation</b> 8:00 AM & 11am Worship 9:30 AM SS & ABF Classes 5:00 PM Leonard's Bible Study (GG) 7:00 PM Jr High Youth Grp (bldg1) 7:00 PM Sr High (Bldg 1D)	4 6:00 PM Christian Community 101 Class (Chap) 7:00 PM Men's Study (Conf) 7:00 PM Sr High Band (Bldg 1D)	5 6:00 PM Christian Community 101 Class (Chap) 6:30 PM Discipleship Team Mtg-(Conf. Rm) 7:00 PM Strength & Flexibility (Bldg1&sound)	6 9:00 AM In The Word Women's Study	7 <b>AI - Vacation</b> 7:00 PM Praise Practice 7:00 PM Prayer Retreat Mtg (CF) 7:00 PM Strength & Flexibility (Bldg1&sound)	8 <b>AI - Vacation</b>	9 <b>AI - Vacation</b>
10 <b>AI - Vacation</b> 8:00 AM & 11am Worship 9:30 AM SS & ABF Classes 2:00 PM Baby Shower for Jen Reinhardt (bldg1) 5:00 PM Leonard's Bible Study (GG) 7:00 PM Jr High Youth Grp (bldg1) 7:00 PM Sr High (Bldg 1D)	11 7:00 PM Men's Study (Conf) 7:00 PM Sr High Band (Bldg 1D)	12 7:00 PM Elder Board Meeting (Conf Rm) 7:00 PM Outreach Mtg (FH) 7:00 PM Strength & Flexibility (Bldg1&sound)	13 9:00 AM In The Word Women's Study	14 9:00 AM Quilting (rm9) 6:00 PM Exercise Orientation (Bldg 1) 7:00 PM Praise Practice 7:00 PM Strength & Flexibility (Bldg1&sound)	15 15 High Winter Wake-up Retreat	16 16 Jr High Winter Wake-up Retreat
17 8:00 AM & 11am Communion Service 9:30 AM SS & ABF Classes 3:00 PM Christian Com. 201 Class 4:00 PM FP4H Orientation (HH) 5:00 PM Leonard's Bible Study (GG) 5:00 PM Setup Financial Class 6:00 PM Financial Class (Chap) 7:00 PM Jr High Youth Grp (bldg1) 7:00 PM Sr High (Bldg 1D)	18 <b>Martin L. King, Jr. Day</b> 7:00 PM Men's Study (Conf) 7:00 PM Sr High Band (Bldg 1D)	19 7:00 PM Leadership Community Night (Chap) 7:00 PM Strength & Flexibility (Bldg1&sound)	20 9:00 AM In The Word Women's Study 9:00 AM Ladies Study 7:00 PM Ladies Study (bldg1)	21 7:00 PM Praise Practice 7:00 PM Strength & Flexibility (Bldg1&sound)	22	23
24 8:00 AM & 11am Worship 9:30 AM SS & ABF Classes 1:15 PM Annual Bus. Mtg & Pottluck 5:00 PM Leonard's Bible Study (GG) 5:00 PM Setup Financial Class 6:00 PM Financial Class (Chap) 7:00 PM Jr High Youth Grp (bldg1) 7:00 PM Sr High (Bldg 1D)	25 7:00 PM Men's Study (Conf) 7:00 PM Sr High Band (Bldg 1D)	26 6:00 PM Frugal Living Coupon Class (Bldg 1) 7:00 PM FCS Board Mtg (Conf rm) 7:00 PM Strength & Flexibility (Bldg1&sound)	27 9:00 AM In The Word Women's Study 9:00 AM Ladies Study 7:00 PM Ladies Study (bldg1)	28 9:00 AM Quilting (rm9) 7:00 PM Praise Practice 7:00 PM Strength & Flexibility (Bldg1&sound)	29	30
31 8:00 AM & 11am Worship 9:30 AM SS & ABF Classes 5:00 PM Leonard's Bible Study (GG) 5:00 PM Setup Financial Class 6:00 PM Financial Class (Chap) 7:00 PM Jr High Youth Grp (bldg1) 7:00 PM Sr High (Bldg 1D)	1 7:00 PM Men's Study (Conf) 7:00 PM Sr High Band (Bldg 1D)	2 6:30 PM Discipleship Team Mtg-(Conf. Rm) 7:00 PM Strength & Flexibility (Bldg1&sound)	3 9:00 AM In The Word Women's Study 9:00 AM Ladies Study 7:00 PM Ladies Study (bldg1)	4 7:00 PM Praise Practice 7:00 PM Strength & Flexibility (Bldg1&sound)	5	6